



**MYSTIC JOURNEYS**

Spiritual Training  
to Harmonize  
Heaven & Earth

# Spiritual Retreat Tulum, Mexico

November 9-17, 2023



*We are excited to announce our new innovative and synergistic 8-9 day spiritual retreat and group journey in November 2023, bringing together energy healers, Ancestral Spiritual Servers, psychics, and skillful teachers in one of the most powerful energy centers on the planet. The healing waters of the tropical sea, Mayan ruins, and sacred cenotes all provide an amazing healing environment.*

*Our expert guides will bring you to magical sites and hidden chambers in the Riviera Maya (all photos here are real and not photoshopped), while our teachers and trainers will offer practical tools and guided meditations to help you develop spiritually. By the end of an awe-inspiring week, the guided meditations and energetic tools offered will help you live more fully in alignment with your highest purpose, effortlessly and with increased synchronicity.*

*Our retreat will coincide with the 11:11 portal, an opportunity to realign our paths with purpose. This retreat will emphasize strengthening our connection with the Universe, expanding our inner vision, living a mystical life, learning authentic Ancestral cultural teachings, engaging the body's vitality through Qi Gong, enhancing our psychic abilities, finding our path with astrology, and manifesting our dreams into reality.*

# Intinerary

A tentative itinerary is given below, subject to change depending on conditions such as the weather. Space is limited to 12 participants.

## DAY 1 Welcome to the Riviera Maya

Thursday, Nov. 9, 2023

- Flights to Cancun Intl. Airport to arrive by 2pm. Airport pickup and transport to private oceanfront Villa in Akumal provided.

### P.M.

- Relax and walk to sandy beach
- Welcome with fruit smoothies, salsa & guacamole by pool
- Intros, Group schedule review & updates
- CEREMONY: Welcome to the Mayan lands from Ancestral Ceremonia Ritual group. Plant seeds of intention and gratitude.
- Evening welcome dinner in Akumal [drinks dutch]

## DAY 2 A Mystical Realm of Sound and Vision

Friday, Nov. 10, 2023.

### A.M.

- Qi Gong & 1st Sacred Flame meditation
- Continental Breakfast
- Sound bath at private cenote
- WORKSHOP 1 at cenote: Cosmic skills & Psychic Tools Practice: Running energy, grounding, calling on energy from Earth and Sky, tuning into the Universe

### P.M.

- Lunch and free time at cenote
- WORKSHOP 2 at cenote: Tibetan Vajrayana Buddhist meditation exercise to expand inner vision, neutrality, and evolving from the selfish ego to the selfless Golden Age.
- Dinner at beach restaurant in Tulum [dutch, ~\$15-\$30]
- Sounding & singing circle on beach, vocal sound healing (optional)

## DAY 3 (11:11 portal) Portal and Purification

Saturday, Nov. 11, 2023

### A.M.

- QiGong & 2nd Sacred Flame meditation
- Continental Breakfast
- Visit to a small Mayan community near ruins. Medicinal plants and welcome from their Spiritual Leader ("Mem").
- Short bicycle ride to Mayan ruins and hike to a secret chamber amidst the jungle. 11:11 portal meditation.

### P.M.

- Early dinner at beach near Villa [dutch, ~\$15-\$30].
- CEREMONY: Cacao ceremony with Ancestral Ceremonia Ritual group. Activate pineal gland and resonate with love in this authentic cultural offering.
- Night Temazcal after dark (sweatbathe purification) in the jungle with Anahuac Server, Juan Manuel Perez Silva.





## DAY 4

### Elementals, Mysticism & Magic Day

Sunday, Nov. 12, 2023

#### A.M.

- QiGong & 3rd Sacred Flame meditation
- Continental Breakfast
- WORKSHOP 3: Chakras, Psychic Games, Lucid Dreaming & Mysticism Playground
- Lunch at Villa

#### P.M.

- Magical cenote tour. Connect with spirits and a sacred underground Tree with guided meditation. Play with spiritual photography in this fairytale-like setting, where photos of orbs and energetic lights have been taken
- Dinner in Tulum pueblo [dutch, ~\$15-\$30]
- Free Nite in Tulum pueblo, or Skills Exchange at Villa (optional)

## DAY 5 Journey to Chichen Itza

Monday, Nov. 13, 2023.

#### A.M.

- QiGong & 4th Sacred Flame meditation
- Continental Breakfast
- Drive to stunning cenote in Yucatan. Enjoy a rope swing surrounded by Banyan roots, or relax by a small pool.
- Lunch at cenote

#### P.M.

- Chichen Itza tour with a local archaeological guide. See why this Pyramid is considered one of the 7 Modern Wonders of the World. Guided meditation in more remote ruins
- Night Dinner food truck choices [dutch, ~\$10-\$30]





## DAY 6 **Turtles and Stars**

Tuesday, Nov. 14, 2023

### A.M.

- QiGong & 5th Sacred Flame meditation
- Continental Breakfast
- Guided swim with turtles at the turtle sanctuary. Snorkeling with turtles in their natural habitat with potential to see manatees and tropical fish as well. A surreal underwater experience
- Lunch at Villa

### P.M.

- WORKSHOP 4: Working with Astrological Angels, relationship between stars and angels, Get to know your own Angels, Angel Meditation, Angel Invocation
- Choice of Dinner at Italian or Mexican restaurants [dutch, ~\$15-\$50]
- WORKSHOP 5: Energies of New Year, Looking at Charts for Year Ahead (Astrology). Working with Planetary Energy and Stargazing at Villa ocean front. Also, exploring our multidimensional universe

## DAY 7 **Bringing It Into the World**

Wednesday, Nov. 15, 2023

### A.M.

- QiGong & 6th Sacred Flame meditation
- Continental Breakfast
- WORKSHOP 6: Connecting with the energy of Nature, and integrating past topics from workshops. Using the 11:11 portal energies and Manifestation techniques group share for year ahead
- Lunch at Villa

### P.M.

- Tulum beach hotel zone freetime and photos.
- Celebration dinner at Tulum beach restaurant and freestyle salsa dancing.
- CEREMONY: (Optional) Plant ceremony and stargazing with Ancestral Ceremonia Ritual group in jungle [dutch \$100 ea., + additional \$100 hotel night to rest]

## DAY 8 **Until we meet again**

Thursday, Nov. 16, 2023

### A.M.

- QiGong & 7th Sacred Flame meditation
- Closing Circle
- Farewell brunch at Villa

### P.M.

- Departures, or (Optional) final day and night to rest at Villa
- Optional afternoon trip to sandy beach (snorkeling and/or massage on the beach) and dinner at restaurant [dutch, \$100 for 1 extra night at Villa; ~\$30 for massage; ~\$15-\$40 dinner]
- All Flights and return trips to the airport depart by 11am next day, Friday, Nov. 17, 2023

A mystic is a spiritual realist, a person for whom the Invisible is a matter of more or less firsthand experience

Francis Parkinson Keyes

# Pricing and Details

## Hotel Room and Retreat Pricing:

- **Large room.** [1 King-sized shared bed, ocean view].  
2 people (couples or friends)–2,400 USD per person; or 1 person-4,500 USD
- **Upstairs studio.** [1 King-sized shared bed, ocean view, smaller]  
2 people (couples or friends)–2,300 USD per person; or 1 person-4,000 USD
- **King bed.** [1 king bed in shared room w single bed, ocean view]  
1 person – 3,000 USD
- **Queen bed.** [1 queen bed in shared room w single bed, ocean view]  
1 person – 2,800 USD
- **Single bed.** [1 single bed in shared room w a king or queen bed, ocean view]  
1 person – 2,400 USD

## Price Includes:

- (7) nights of magnificent oceanfront shared accommodations
- Continental breakfasts, lunches, snacks, non-alcoholic drinks, and a few dinners
- Tickets, guides and entrance fees for cenotes, swimming with turtles, Mayan ruin tours and sacred site excursions
- Authentic Tamazcal (sweat bath), Cacao ceremony, and Ancestral Cultural teachings
- Exclusive access to a hidden Mayan chamber for the 11:11 portal activation
- Daily workshops and trainings in a myriad of mystical topics with experienced professors
- Daily body movement and energetic cultivation through Qi Gong and ascension meditations
- Transport during retreat and airport pickup/ dropoff
- All tips (except for at restaurants indicated as “dutch” on website itinerary)

## Price Excludes:

- Flights to Mexico
- Dinners and drinks at restaurants indicated as “dutch” on website itinerary
- (Optional) Plant Medicine Ceremony and stargazing with Ancestral Ceremonia Ritual group in jungle [\$100 ea., + additional \$100 hotel night to rest required]
- (Optional) final day and night of rest at Villa with (optional) trip to beach for snorkeling, massages on the beach and dinner at restaurant [\$100 for 1 extra night at Villa; ~\$30 for massage; ~\$15-\$30 dinner]
- Required international travel insurance

Apply by visiting [www.tulumunderground.com/experience/retreats](http://www.tulumunderground.com/experience/retreats)

Email [tulumunderground2@gmail.com](mailto:tulumunderground2@gmail.com), to ask any questions.

All applications will be due by July 1, 2023 (early admission) and August 1, 2023 (waitlist if already full).



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